



## Welcome

Welcome to Lifeclinic.com, an in-depth resource for information about prevalent health conditions and an on-line service to track your health over time. Tracking your vital signs on-line can provide a simple and convenient way to help you and your physician better manage your health condition. And the information, resources and tools provided within Lifeclinic.com will allow you to take a more active role in managing your medical conditions and healthcare.

### Watch Us Grow

Watch us grow. Beginning with high blood pressure, Lifeclinic.com will provide comprehensive information to help you manage your health condition. Stay tuned for additional topics of interest.

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**Fig. 1**

### Free Membership!

Free membership—it's quick and easy to register and become a Lifeclinic.com member today. Please register to Track Your Health with My Health Chart, your own personal, secure, on-line health record. Begin now working with your doctor to actively manage and control your high blood pressure.



Fig. 2

Put your upper arm in the cuff. Place your forearm on the armrest. To measure your blood pressure press **START**.

# START



**Believe it.** Click here for a free coupon

**Fig. 3**

**Lifeclinic.com**  
from Spacelabs Medical

# Your Blood Pressure

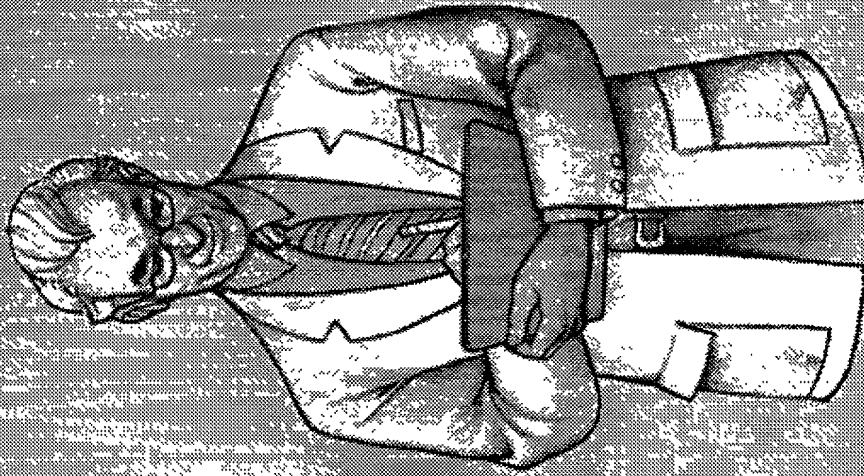
## TEST IN PROGRESS

The cuff is now being inflated. Be still and quiet during the test. Your results will appear when the test is complete.

**Systolic:** is the pressure during your heartbeat.

**Diastolic:** is the pressure between your heart beats.

Use of the Lifeclinic Kiosk is not a substitute for a physician. Only a physician is qualified to interpret the significance of blood pressure measurements. Self diagnosis or self adjustment of medication is dangerous.



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**Fig. 4**

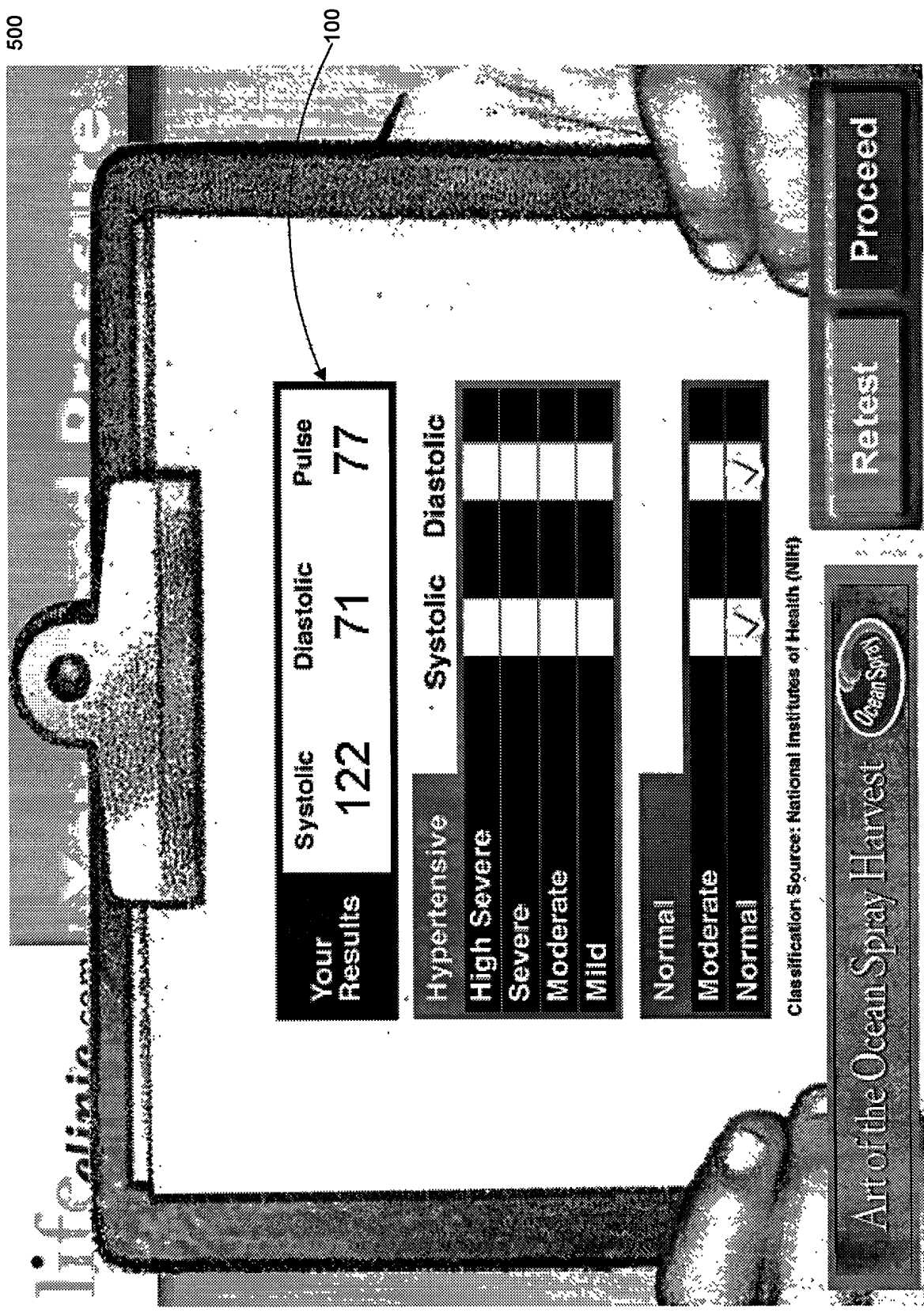


Fig. 5

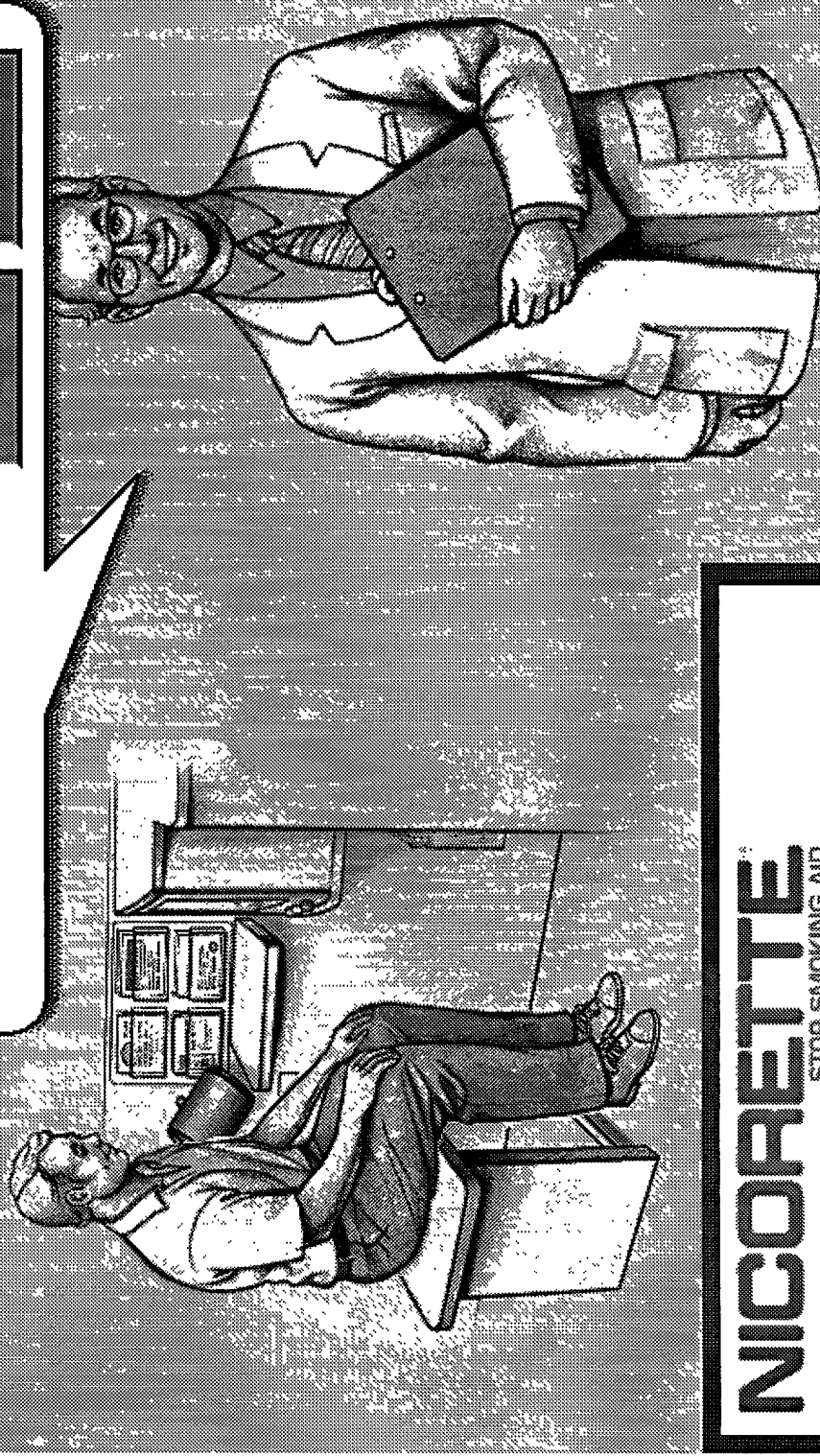


**lifeclinic.com**  
from Spacelabs Medical

Being a Lifeclinic member is a **FREE** health tracking service. Are you currently a registered Lifeclinic member at [www.lifeclinic.com](http://www.lifeclinic.com)?

NO

YES



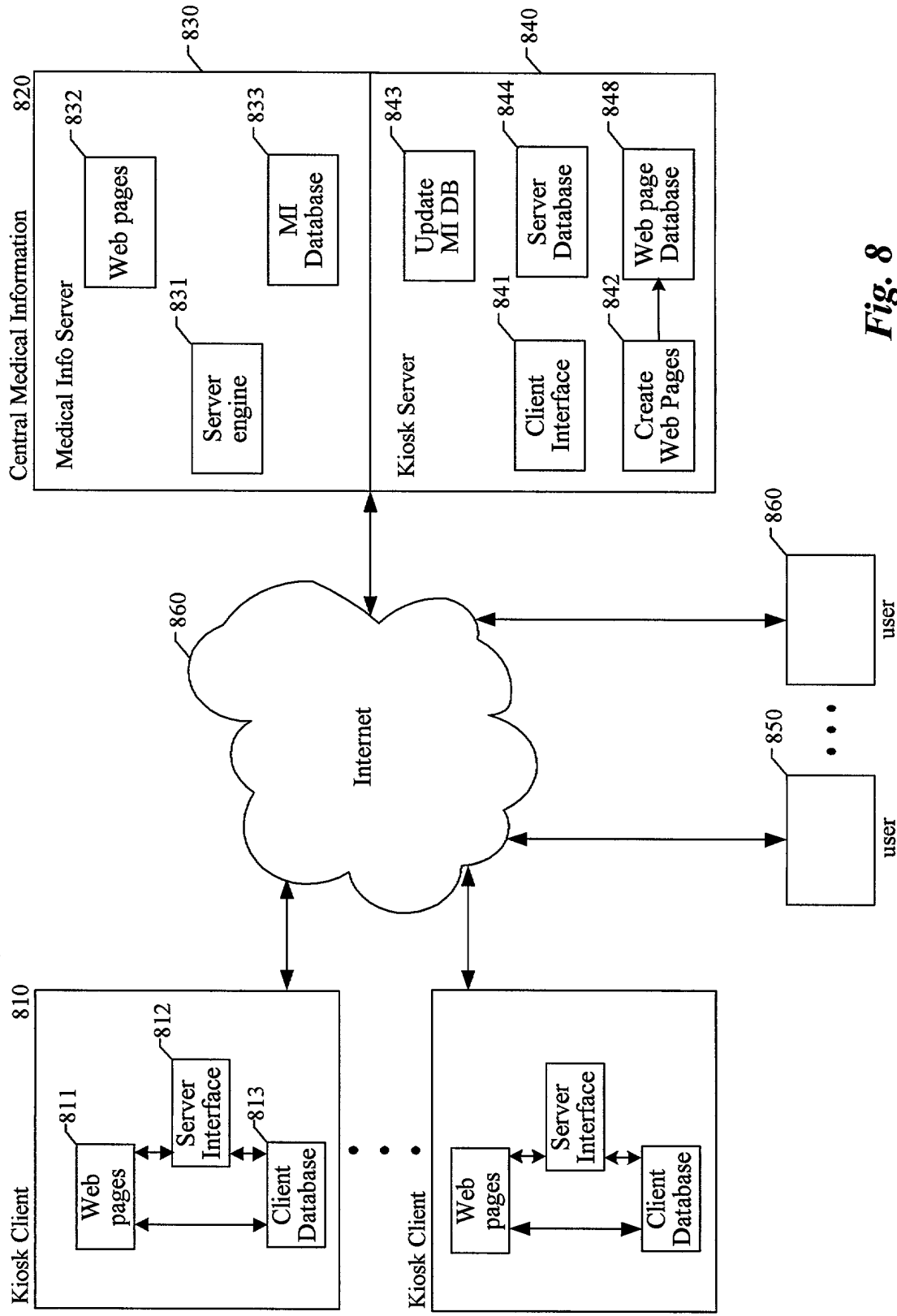
**NICORETTE**  
STOP SMOKING AID

*Fig. 6*



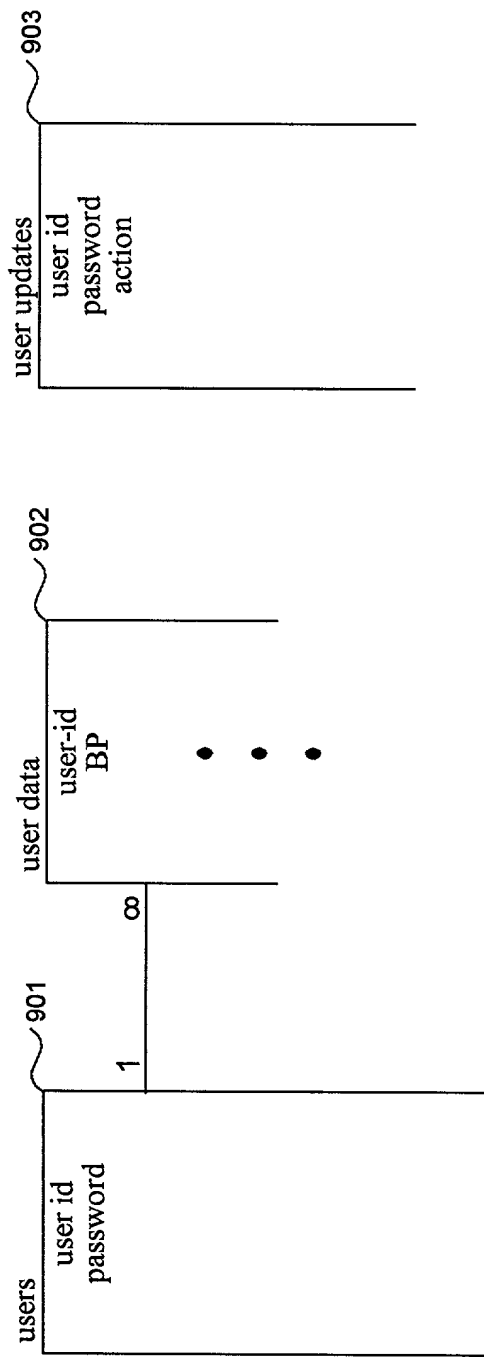
Fig. 7

# Medical Information Collection System

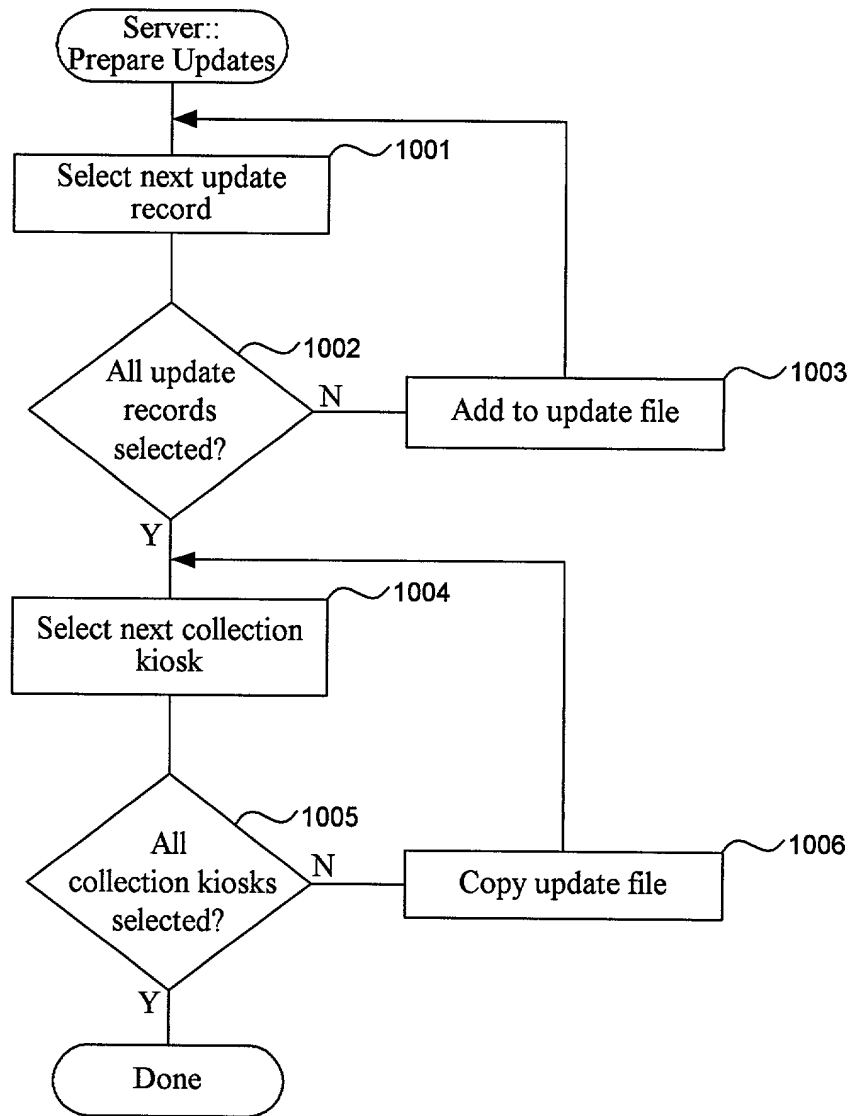


**Fig. 8**





**Fig. 9**



**Fig. 10**

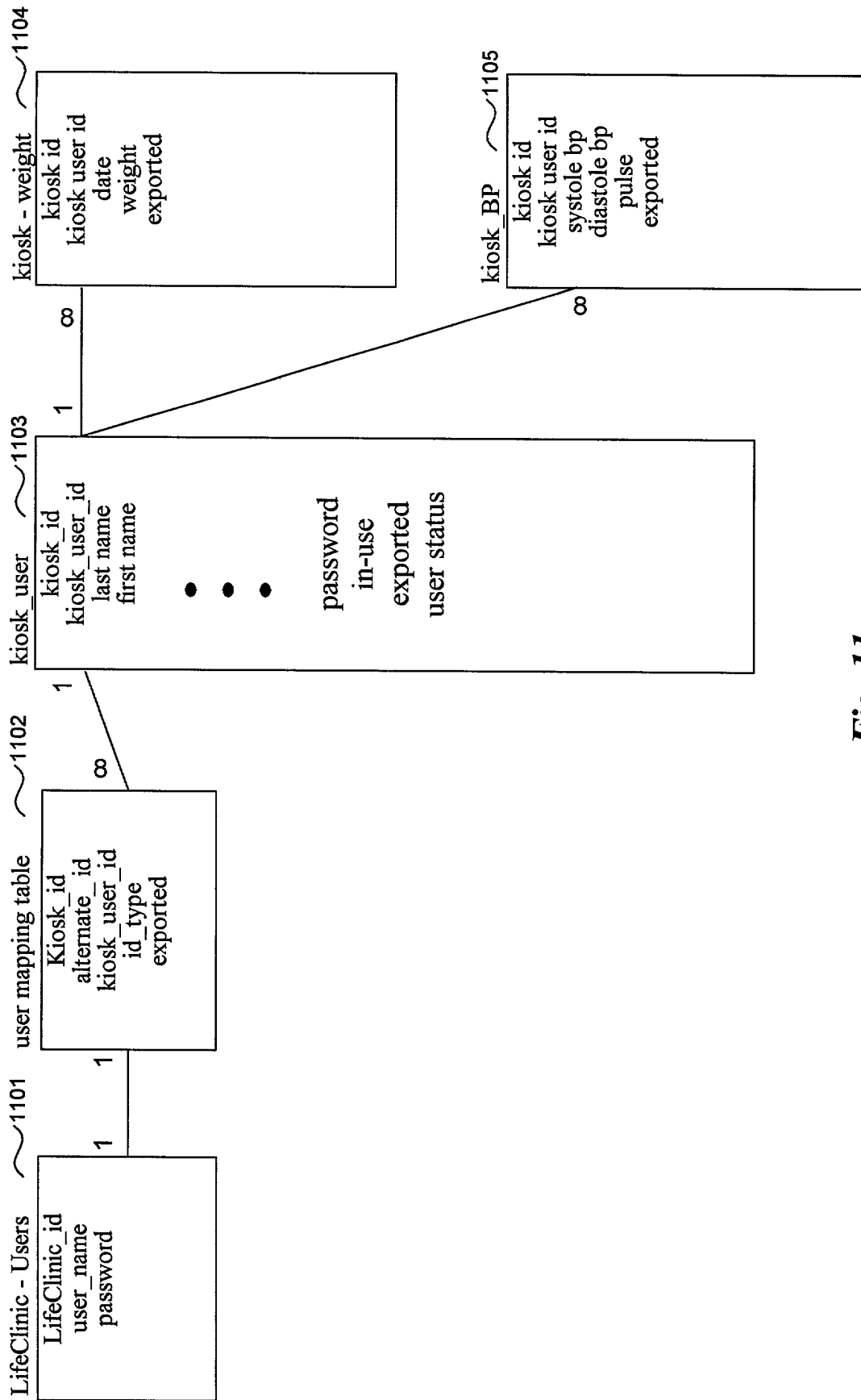
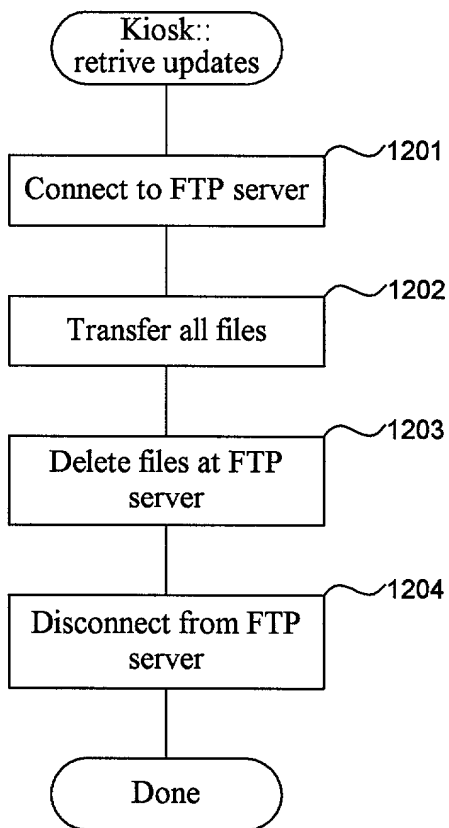
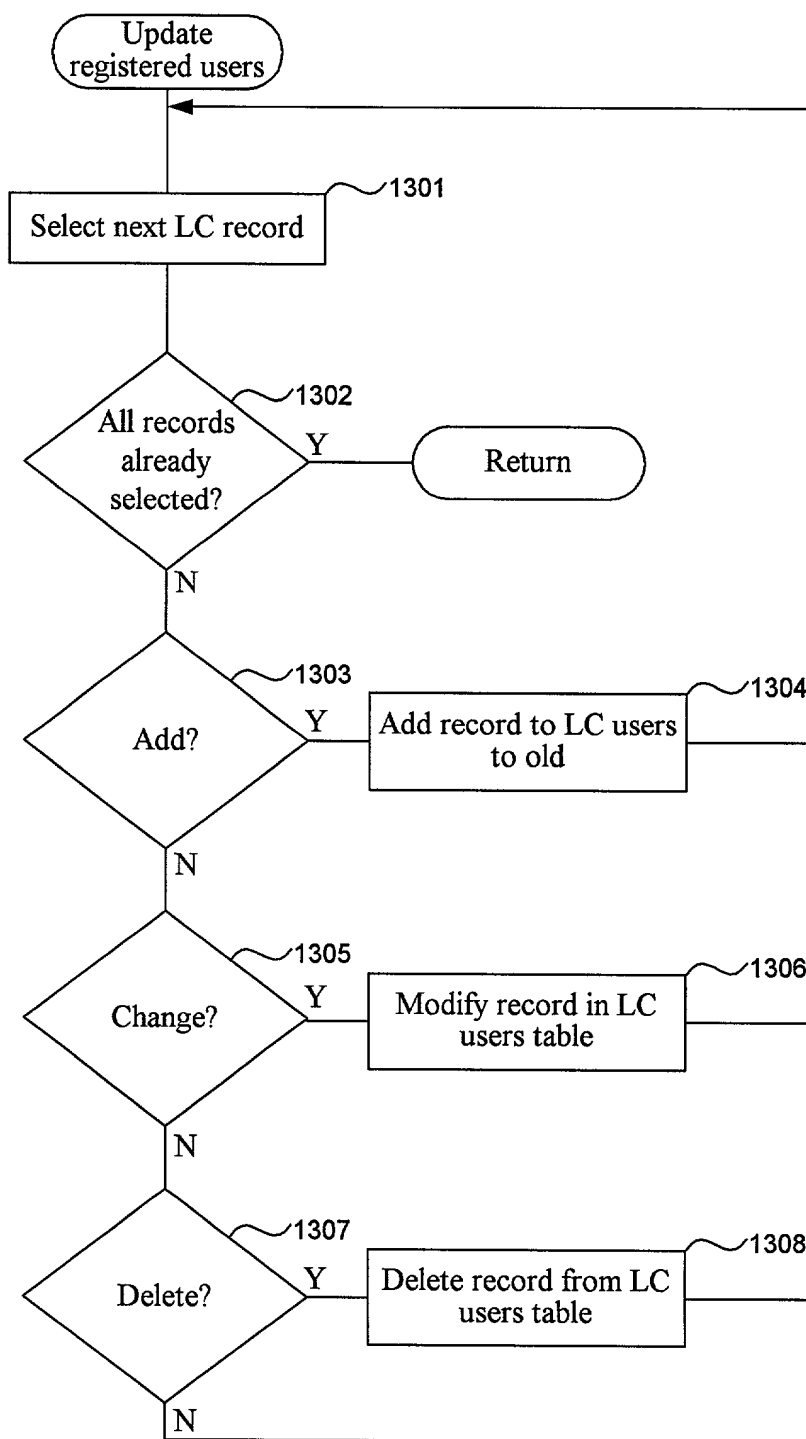


Fig. 11



**Fig. 12**



**Fig. 13**